



**Glimpses of Nepal**  
**Photographs by Reto Steffen**

Copyright © 2016 Reto Steffen  
All photographs © Reto Steffen

All rights reserved. This book or any portion thereof  
may not be reproduced or used in any manner whatsoever  
without the express written permission of the author.

[www.retosteffen.com](http://www.retosteffen.com)  
[reto.steffen@gmail.com](mailto:reto.steffen@gmail.com)

**To travel, to experience and learn: that is to live.**  
**Tenzing Norgay**



# Glimpses of Nepal

In the autumn of 2014 I had the chance to travel to Nepal. For the first 10 days I participated in a photography workshop "Kathmandu Within the Frame" led by Jeffrey Chapman and Winslow Lockhart. We spent our days exploring Kathmandu, Bhaktapur and the surroundings, photographing temples and the everyday life of Nepalis. After that I spent a month travelling through the south, filming a documentary "Dödhar - the dilemma" in the region of Pokhara, and trekking in Langtang.

Only a couple of months after these pictures were taken a huge earthquake hit Nepal, killing thousands, destroying ancient temples and levelling villages – Langtang village was completely destroyed.

All but the mountain photographs are taken in Kathmandu or Bhaktapur, the cover is the Annapurna range seen from Pokhara and the last picture is the Langtang range from Kyanjin Gompa.

I hope you will appreciate these photographs and take them as glimpses of Nepal and that they will make you want to visit this country and explore it yourself.

Nyon, Switzerland 2016  
Reto Steffen  
[www.retosteffen.ch](http://www.retosteffen.ch)

























































































